

A fully qualified governess, accomplished maternity baby-nanny & experienced nutrition consultant with a proven track record of serving as a loving, nurturing and trustworthy companion to children. Recognised for her remarkable ability to quickly establish robust bonds with babies, infants, toddlers, young children and teenagers. Very discreet, reliable, honest and trustworthy in the personal approach. Skilled in creating schedules, following commitments and maintaining routines, with the ability to handle unexpected changes with ease and confidence. Physically fit and able to care for a young child. Respectful of parents and their practices and honour the authority they have. Multilingual communicator fluent in English, German, Hungarian, Slovak & Czech; basic knowledge of Russian. CRB/DBS vetted and cleared.

## Summary

● Maternity Nanny	● Professional Governess	● Moral Development and Routine
● Nutrition Consultant	● Multilingual communication	● Etiquette & Manners
● Child Development (0 – 18)	● Behavioural Management	● Car Driver & Owner
● Diet, Nutrition and Exercise	● Maternity Award level 4	● Level 3 OCN - Child psychology

## Career Progression

### May 2023 - present

### High Profile Baby Nanny, VIP client, London & LA & France

- Rota 2 weeks on/off care to a celebrity client with a 2-year-old toddler involving extensive travels around the world
- Providing complex nanny duties including establishing day/night routine, correcting disrupted sleeping patterns due to time zone changes, encouraging good sleeping habits, potty training, bathing, dressing and administering medicine
- Organising age-appropriate games, indoor and outdoor plays and educational activities with a focus on teaching the child to be polite, kind and respectful
- Planning and preparing nutritious meals, eliminating bad eating habits, introducing vegetables and healthy options

### December 2022 - April 2023

### Maternity Baby Nanny, Monaco & Switzerland

- Providing 24/6 care to a family with a 2-year-old toddler with homes in Monaco and Switzerland
- Assisting the parents in correcting the child's sleeping issues and helping with behavioural challenges
- Teaching the child appropriate social behaviours and helping out with chores
- Planning and organising daily activities, focusing on educational games and activities outdoors, teaching the child to swim

### Feb 2023 – April 2023

### Family Nanny, Ibiza & Switzerland

- Providing care to a returning client with an 18-month-old baby girl with bases in Ibiza and Switzerland
- Correcting the baby's disrupted sleeping pattern and encouraging good sleeping habits
- Potty training, bathing, feeding and night duty
- Assisting with developing the child's social skills through play and promoting language development skills

### May 2022 – November 2022

### High Profile Family Maternity Nurse, London & Dubai

- 24/6 duty to a family with a 3 months old baby girl, with bases in London and Dubai and extensive travels around the world
- Duties including cooking for the baby, bathing, sleep training, bottle feeding, changing nappies, night duty, weaning
- Setting up the day/night routine and developing a feeding routine
- Looking after baby's laundry and nursery as well as organising the packing as needed for travels

### February 2022 – April 2022

### Maternity Nurse, London Kensington

- 24/3 duty on-call maternity nanny looking after a newborn baby boy
- Setting up the nursery and organising the home prior to the baby's arrival
- Assisting the parents in setting up the day/night routine and bonding with the baby
- Providing guidance and support with breastfeeding and developing a feeding routine
- Bathing, feeding, sterilising bottles, changing nappies, night shifts - settling into a sleep routine

### December 2021 – January 2022

### High Profile Family Nanny, London & St. Moritz, Switzerland

- Actively supporting a VIP family in care for their three children aged 1, 3 and 4,5
- Creating and nurturing a safe environment for the children, organising educational activities and games
- Using consistent behavioural management techniques, as discussed and agreed with the parents
- Accompanying the family on a family ski holiday to St.Moritz, Switzerland
- Coordinating travel arrangements and organising the process of packing for the trip
- Personally planning, preparing and cooking healthy wholesome meals for the children

## October 2021 – December 2021

Maternity Nurse, Ibiza

- 24/6 duty to a 2-month-old baby girl
- Duties including bathing, sleep training, sterilising bottles, bottle feeding, changing nappies, baby massages, and night duty
- Supporting the mother in bonding with the baby, assisting with breastfeeding and developing a feeding routine
- Looking after baby's laundry and nursery, ensuring everything is always clean and tidy

## June 2021 – July 2021

Royal Family Nanny, Saudi Arabia

- Rota week on/week off 24/7 nanny duty looking after a 4-year-old child for a titled family
- Performing duties including bathing, following the morning and evening routine and covering nights shifts
- Creating a stimulating, nurturing and safe environment for the child, planning educational activities including visits to museums and theatres, attending ballet classes, fun parks, zoo, shopping trips
- Serving and supervising meal times

## May 2021 – June 2021

High Profile Family Nanny, London Kensington

- Rota 2 weeks on/off 24/7 nanny duty to premature twins (born 3 months earlier) aged 2
- Bathing, feeding, night duty, changing nappies, settling and taking care of laundry, nursery, toys
- Assisting with special needs development
- Cooking nutritious vegetarian meals from scratch

## August 2019 – May 2021

High Profile Family Maternity Nurse, London Kensington

- Achievements: Driving the baby regularly to the family's country house and managing the smooth running of 2 households
- Rota basis 2 weeks on/ 2 weeks off 24/7 duty maternity nanny nurse looking after baby girl 3 months old
- Bathing, feeding, night duty, medications giving as needed
- Changing nappies, bottle feeding, settling and looking after baby's laundry and nursery, toys and development

## July 2019 - August 2019

High Profile Family Maternity Nanny, Abu Dhabi & NY

- 24/7 duty on-call maternity nanny looking after 4-month-old baby boy
- Bathing, feeding, night duty, changing nappies, settling and taking care of a baby's laundry, nursery, toys and development
- Packing baby's stuff and equipment as needed for travelling

## Previous Experience

Dec 2018 – Apr 2019

Titled High Profile Family Nanny & Personal Assistant, Kensington, London

Sep 2011 – Dec 2018

High Profile Family Nanny, Kensington, London

Feb 2011 – Oct 2011

High Profile Family Nanny (Live In/Out Contract) – Mr & Mrs Penaite, Reading

Jan 2010 – Feb 2011

Private Nanny – Winton Family, Newbury

Apr 2009 – Jan 2010

Private Nanny / Personal Assistant (Live In/Out) – Private Family, Ascot

Mar 2007 – Apr 2009

Private Nanny / Personal Assistant (Live Out) – Mr & Mrs Mitchell, Beaconsfield

Sep 2005 – Mar 2007

Private Nanny (Live In) – Holloway Family, Gerrard's Cross, London

## Education and Training

London Governess:	Professional Governess Training Course
London Governess:	British Etiquette and Modern Manners
ABC Award:	Maternity Practitioner Award Level 4 and maternity nurse core skills refresher course
ABC Award:	Diet, nutrition and exercise for children Level 3
ABC Award:	Nutrition Consultant (Level 3)
NVQ:	Marketing and Management Certificate (Level 2)
OCN:	Common Core Skills; Maternity Practitioner Award (Sudden Infant Death Syndrome; Colic & Reflux; Sleep in New-borns; Postnatal Mothers; Breast Feeding; Communication Skills; Child Protection and Responsibility of Maternity Nanny)
City & Guilds:	Hairdressing (Level 2)
Training:	First Aid; Anaphylactic Shock Course; MNT, Baby Massage Course
School Education:	GCSE in Management & Marketing

## Hobbies and Interests

Skiing & snowboarding; diving and snorkelling; boxing; running; cinema; art & visiting art exhibitions; theatre including musicals and ballet; classical music; jazz; dining out; reading; watching documentaries; dog walking; mountain biking & hiking.